

March 2022



Volume 19, Issue 3

Parish Visitor

Belfield Lutheran Church · Daglum Lutheran Church · Medora Lutheran Church

From the Pastor

Seasons of Church and Change

I wonder if we are stuck in a place where 'what we've always done' doesn't work anymore and we have a 'new' pastor and we need to identify where we are going. What has been lost that is not coming back? What is God's mission for us, and how do we connect together to accomplish it? Sometimes change requires us to leave what feels certain and enter an unknown space, a space where we can be transformed and come out the other side to be what God is calling us to be.

Each church year we look forward to a time of hope (Advent) and we experience celebration (Christmas), followed by a time where we might identify who God is and who we are as God's people (Epiphany). Then, we reflect on our current sinfulness and we are reminded of our mortality (Lent), but continue to imagine who God has called us to be. When we come out on the other side (Easter), there is new life! Next steps call us to listen to the Holy Spirit (Pentecost) and begin to live in this new way of life as Easter people.

Lent tends to be a season during the year when we focus on the need for confession and repentance, and it is important to remember that new life - resurrection - is coming! Traditionally, this season has been a time of preparation to receive sacraments of Baptism and Holy Communion. On Wednesday evenings this year, we will worship together using an evening prayer service titled "Continuing in the Covenant of Baptism". The focus for each week is a portion of the promises made in baptism.

Sometimes we are asked to give up things that have been important to us, "the way we've always done it," in order to grow and to follow Jesus for the sake of our



SPECIAL POINTS OF INTEREST

- New Members
- Fundraiser
- Baptism
- Lent Services
- Financial Webinar



neighbor. Where is our sin keeping us stuck and how might we repent/change/ be transformed in new ways of life!?

Please worship with us at 6:30pm each Wednesday, beginning with Ash Wednesday on March 2nd through April 6th. Let us share together our joys and our laments in how we live out our baptismal promises: 1) to live among God's faithful people; 2) to hear the word of God and share in the Lord's Supper; 3) to proclaim the good news of God in Christ through word and deed; 4) to serve all people, following the example of Jesus; and 5) to strive for justice and peace in all the earth.

+ Pastor Dawn Busch

Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion. For the Lord is a God of justice. Blessed are all who wait for him!
Isaiah 30:18

FALL AWARENESS AND PREVENTION

Written by: Hannah (Rodne) Freiloth, PT, DPT

Falls are one of the leading causes of injuries in older adults and they can be significantly life-changing. How does someone know if they are risk of falling? If you experience any of the following, you may have a higher risk of falling:

- Muscle weakness (especially in the lower body)
- Difficulty walking
- Vision issues
- Balance concerns
- Altered sensation (especially in the feet/legs)

If you feel this applies to you, talk to your doctor or a trusted healthcare professional to assess your fall risk and implement a plan to prevent falls.

While there are multiple aspects of assessing person's fall risk and fall prevention, it is beneficial to start by gaining awareness of this issue. Follow **Re-vitalize Physical Therapy** on Facebook or Instagram for more tips and information.



On February 6th, 2022, Medora Lutheran Church
Welcomed new members

Carol Kostka, Clay Schaeffer, Brockton Walth-Schaeffer, and Anna Busta. We thank God for you and for the ministry we are called into together!

Belfield Lutheran Altar Guild

***Our thanks to Sherri O'Brien and
Melissa Schmidt for serving in February.***

Serving in March

Sharlene Schuhrke and Darnyl Malkowski

Anyone Can Join the Altar Guild!

See Jean Franklin for details.



Faith Foundations

Have you ever wondered why we do some of the things we do in worship? Or why we teach the command to "love one another"?

Join us in person or online for "Faith Foundations",

Classes are held the 4th Monday of each month at 7:00 p.m. and the 2nd Tuesday of each month at 2:30 at Belfield Lutheran Church

Each class will include some Bible Study and discussion of faith practices.

FINANCIAL WELLNESS WEBINARS

Belfield Lutheran Church is partnering with the non-profit organization Foundation for Financial Education (F3E) to host a series of financial wellness webinars. The webinars will be held at 10 AM on the third Saturday in March. Anyone can sign up electronically to participate from your own home, or you can view the webinar from the Belfield Lutheran Church fellowship hall on the designated day and time. Pre-registration is required unless you attend the webinar from the church fellowship hall. Each webinar lasts about 45 minutes, and if you pre-registered and are unable to attend on the designated day, following the webinar broadcast, you will be emailed a link to watch the webinar at your convenience.

F3E offers a variety of webinar topics intended to help educate people and allow them to take charge of their financial wellness and achieve overall financial goals. The webinars are provided free of charge, and nothing is sold. We hope that you will find the webinars interesting and informative, and we are pleased to be able to offer them to our community. We hope to see you there!

The Foundation for Financial Education (F3E) Presents

Retirement Planning

A financial education workshop hosted by

Belfield Lutheran Church

Discussion Topics

- ✓ Running the retirement marathon
- ✓ Long-term care considerations
- ✓ How not to outlive your money
- ✓ How taxes & inflation impact retirement
- ✓ Stretch IRAs
- ✓ Required Minimum Distributions (RMDs)
- ✓ Exit strategies

Event Information

Date	Saturday, March 19, 2022
Time	10:00am - 11:00am Mountain Standard Time
Place	Watch in person at Belfield Lutheran Church or
RSVP	copy / CLICK HERE TO REGISTER

<https://attendee.gotowebinar.com/register/1337760823825384971?source=register>



SCAN HERE

www.F3Eonline.org | (240) 499-0390 | info@F3Eonline.org

If you have questions or would like additional information, contact Carmen Waldo, email c2waldo@yahoo.com or call or text 701-590-3934. <https://attendee.gotowebinar.com/register/133776082382538497?source=register>

March

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 3:30 pm – Pastor's Bible Study @ Belfield 8:00 pm – AA Meeting @ Belfield Lutheran	Ash Wednesday 2 6:30 pm – Ash Wednesday Worship @ Belfield Lutheran	3 7:00 pm – Bible Study @ Belfield Lutheran	4 8:00 pm – AA Meeting @ Medora Lutheran	5
Worship 6 8:30 am – Medora 9:00 am – Choir Practice 9:00 am – Sunday School 10:00 am – Belfield 11:45 am – Daglum 6:00 pm – Bible Study @ Dwelle's Please RSVP	7 6:30 pm – Belfield Council Meeting @ Belfield Lutheran	8 2:30 pm – Faith Foundations Study @ Belfield Lutheran 3:30 pm – Pastor's Bible Study @ Belfield 8:00 pm – AA Meeting @ Belfield Lutheran	9 5:30 pm – Confirmation @ Belfield Lutheran 6:30 pm – Lent Worship @ Belfield Lutheran	10 7:00 pm – Bible Study @ Belfield Lutheran	11 8:00 pm – AA Meeting @ Medora Lutheran	12
Worship 13 8:30 am – Medora 9:00 am – Sunday School 10:00 am – Belfield 11:00 am – Choir Practice 6:00 pm – Bible Study @ Dwelle's Please RSVP	14	15 3:30 pm – Pastor's Bible Study @ Belfield 8:00 pm – AA Meeting @ Belfield Lutheran	16 5:30 pm – Youth Group @ Belfield Lutheran 6:30 pm – Lent Worship @ Belfield Lutheran	17 7:00 pm – Bible Study @ Belfield Lutheran	18 8:00 pm – AA Meeting @ Medora Lutheran	19 10:00 am – Finance Webinar (Retirement Planning) @ Belfield Lutheran
Worship 20 8:30 am – Medora 9:00 am – Choir Practice 9:00 am – Sunday School 10:00 am – Belfield 11:45 am – Daglum 6:00 pm – Bible Study @ Dwelle's Please RSVP	21	22 3:30 pm – Pastor's Bible Study @ Belfield 8:00 pm – AA Meeting @ Belfield Lutheran	23 5:30 pm – Confirmation @ Belfield Lutheran 6:30 pm – Lent Worship @ Belfield Lutheran	24 7:00 pm – Bible Study @ Belfield Lutheran	25 8:00 pm – AA Meeting @ Medora Lutheran	26
Worship 27 8:30 am – Medora 9:00 am – Sunday School 10:00 am – Belfield 11:00 am – Choir Practice 6:00 pm – Bible Study @ Dwelle's Please RSVP	28 7:00 pm – Faith Foundations Study @ Belfield Lutheran	29 3:30 pm – Pastor's Bible Study @ Belfield 8:00 pm – AA Meeting @ Belfield Lutheran	30 5:30 pm – Confirmation @ Belfield Lutheran 6:30 pm – Lent Worship @ Belfield Lutheran	31 7:00 pm – Bible Study @ Belfield Lutheran		

Thank You to Keith and Lana Adrian for Sponsoring this issue of the Parish Visitor

Newsletter sponsorship gifts of any size are welcome and help lower our publishing fee. Printing and mailing fees are around \$350 per issue.

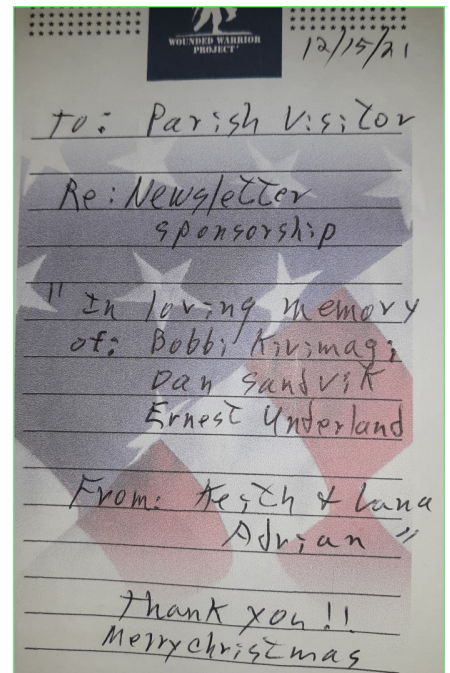
Please send your newsletter sponsorship Contribution to:

Parish Visitor—Box 416, Belfield, ND 58622

You can also donate online:

[support | belfield-lutheran \(belfieldlutheran.org\)](https://support.belfield-lutheran.org/belfieldlutheran.org)

Thank you for your generosity!



The Lord is good to those whose hope is in him, to the one who seeks him;
Lamentations 3:25

In our ongoing prayers...

The Family of Jesse Urban • The Family of Connie Shure

The Family of Marian Crook • The Family of Elizabeth (Betty Kuntz)

Margaret Braun • Rene Praus • Darianne Johnson • Johnny Syminow

Mark Hinrichs • Brent Seaks • Madella Brinkman • Nicole Koegl

Lincoln Lee Johnson • Lance Waller Duane Davis • Carmen Ruud

Page Myers • Becky Yadon • Carol Johnson • Rose Marie Andreas

Monica Hushka • Mark Trechok • Janeen Nichols • Sharleen Stigen

Marilyn Oyhus • Mindy O'Brien • Chandler Nichols

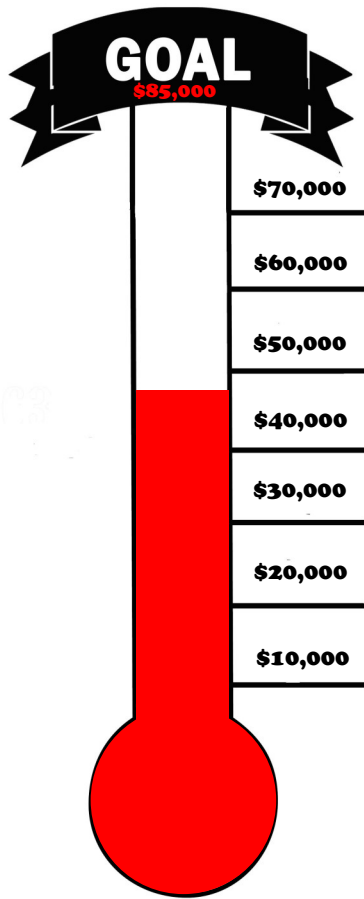
Bennette Mansfield

All those who have lost their jobs, those with mental illness, those seeking Sobriety, those struggling with infertility, with Covid illness and exposure, all troops & those working for peace in our world.

Please help us keep this prayer list active.

To add a loved one to the prayer list for next month's issue, please fill out a prayer request slip during worship, making sure to indicate your desire to have the request published in the newsletter, and place it in the offering basket or email us at newsletter@belfieldlutheran.org





BELFIELD LUTHERAN BUILD UP FUNDRAISER

\$48,003

Thank you for supporting the BLC Build Up Fund! We are excited to continue our fund-raising efforts in 2022! We are a little over halfway to raising our goal of \$85,000! This year we plan to replace the flooring throughout the entire church, fix the masonry on the outside of the building, and replace the old sound system in church. We would also like to do some landscaping on the church grounds to help deter water from damaging the buildings foundation. We are also looking to improve the lighting in the Sanctuary for the Choir. We have secured estimates for the flooring and the sound system. The estimates total \$36,710.04. We hope to have these improvements completed by August 2022. If you would like to donate to the building fund, you can mail a check to Belfield Lutheran Church, PO Box 416, Belfield, ND 58622 or you can give online by visiting, [support | belfield-lutheran \(belfieldlutheran.org\)](https://support.belfield-lutheran.org)

Youth Gathering at Belfield Lutheran

Third Wednesday of every month will be a gathering time for 7-12th graders from 6:30-7:30 p.m. See you there!

****March 16th, Youth Group will meet at 5:30****



ELCA World Hunger's
40 DAYS
of Giving

A way in the wilderness.

Even in the most challenging times, we trust in God and hope for the work God is doing in the world. This Lent, join ELCA World Hunger as we journey with our neighbors toward a just world where all are fed.

How to give

Online:
ELCA.org/40days

By mail:
ELCA, P.O. Box 1809,
Merrifield, VA 22116-8009
Please make checks payable to
"ELCA World Hunger" and write
"40 Days of Giving" on the
check's memo line.

ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.



Gospel Seeds

WESTERN NORTH DAKOTA SYNOD

WNSYNOD.ORG

MARCH 2022

A MESSAGE FROM THE OFFICE OF THE BISHOP

This Month's Writer: Deacon Beth Anderson, Associate for Leadership & Formation
Luke 13:6-9 (NRSV)

Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. ⁷So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' ⁸He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. ⁹If it bears fruit next year, well and good; but if not, you can cut it down.'"

This month we begin the season of Lent. Lent is often thought of as the 40-day journey to the cross. We embark on this journey with an eye toward the future, to the resolution of Christ's victory over death and the promise of resurrection for us all.

As Christians and as humans, we spend much of our time either looking backwards at the past or looking forward toward the future. Consider our most holy days for instance. We look back at the manger with nostalgia, often romanticizing the beauty and majesty of Jesus' birth and we look forward to the cross & resurrection with trepidation and anticipatory hope. But in so emphasizing the bookends of Jesus' life on earth, we may forget that Jesus's ministry was not defined by these two moments alone. God's love for humanity was revealed not only in manger and tomb, but also in the millions of seconds in between. In his daily interactions, Jesus paused, took time to notice and responded to what he saw – by healing a stranger, by listening to one whom society disregarded, by calling someone to service, or by teaching a way of life that defied tradition but honored the dignity of all God's children. Through these daily interactions, Jesus' attentiveness and response reveals God's love in truly life-altering ways.

The parable at the start of this newsletter comes from our gospel reading for the 3rd week in Lent this year. I like it because it causes me to pause and wonder, "What did the gardener see in fig tree that the owner did not?" Looking to the past, the owner saw no fruit. Looking to the future, he saw only a waste of good soil. But the *gardener* noticed something else present. What evidence was emerging that caused him to intervene?

This Lenten season, I invite you to take the posture of the gardener. How might you give attention to what Jesus is up to in your life and in your congregation right now along your journey? What signs of growth may be emerging that if examined more carefully could lead to more abundant life? What if for this season, you focused less intently on what was or what could be, and instead paused to look more closely at what God is doing right now in this in between time. What might you discover?

In the coming months, our synod is hosting several opportunities for congregations to pause and give attention to what God may be up to in our midst. We invite you to join in any of the opportunities below as you ponder: How is God inviting us to witness to Christ's love in our community right here, right now?

Forming Faith Series – Growing Young

Mondays 7:30-8:30 pm CST, Feb 28 – April 4 via Zoom

Explore 6 essential strategies of congregations that are defying the trends and growing spiritually, emotionally, missionally and numerically as the average age of their members grow younger. **Learn more:** wnsynod.org/event/faith-forming-series-growing-young/

Annual Roadmap Retreat

Saturday, April 30, Camp of the Cross, Garrison

Designed for church leadership and ministry teams (council, executive team, staff teams, committees, etc.) come spend a day together developing goals for the next year that are rooted in prayer, aligned around shared values, built on existing strengths & resources, and include next steps. **More info at** wnsynod.org

Synod Assembly 2022

Sat. June 4 – Sun. June 5, 2022, Grand Hotel, Minot

Pre-Assembly Workshops Fri. June 3



Evangelical Lutheran Church in America
God's work. Our hands.

Belfield Lutheran Church
Daglum Lutheran Church
Medora Lutheran Church

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Parish Visitor
March 2022

TO:



March 2022
Worship Schedule



6	8:30 a.m. 10:00 a.m. 11:45 a.m.	Medora Worship Belfield Worship Daglum Worship
13	8:30 a.m. 10:00 a.m.	Medora Worship Belfield Worship
20	8:30 a.m. 10:00 a.m. 11:45 a.m.	Medora Worship Belfield Worship Daglum Worship
27	8:30 a.m. 10:00 a.m.	Medora Worship Belfield Worship



LENT

Join us in Belfield



Service

March 2nd · 6:30-7:30 p.m.

**The midweek worship services will be
held on Wednesdays through Lent.**

6:30-7:00 p.m.

